

Exam Code: 1182  
Sub. Code: 8548

2071

P.G. Diploma in Guidance and Counselling  
Second Semester

PGDGC-04: Counselling Children and Adolescents with Different Abilities

Time allowed: 3 Hours

Max. Marks: 75

*NOTE: Attempt five questions in all, including Question No. IX (Unit - V) which is compulsory and selecting one question each from Unit I - IV.*

x-x-x

**UNIT - I**

- I. What do you understand by Children with different abilities? Classify them. (15)
- II. Discuss the special needs of Children with different abilities. Enlist various problems faced by them. (15)

**UNIT - II**

- III. How will you identify the academic, social and vocational problem of adolescents? Give suggestions for redressal of those problems. (15)
- IV. Explain the meaning and type of stress. Enlist various causes of stress and give remedies to overcome it. (15)

**UNIT - III**

- V. Discuss the role of individual counselling for children with specific behavioral problems. (15)
- VI. How will you impart group counselling to adolescents with academic and vocational problems? (15)

**UNIT - IV**

- VII. Discuss the role of yoga and meditation therapies for overcoming stress among adolescents. (15)
- VIII. "Family is the most important social institution to provide counselling to children during crisis". Comment. (15)

P.T.O.

(2)

UNIT - V

IX. Write short notes on the following:-

- a) Importance of Case Study method
- b) Various relaxation strategies for children
- c) Need and importance of Family Therapy

(5x3)

x-x-x